Stadium Medical Presents EMS- Mental Health First Aid

Mental Health First Aid for EMS and Fire is an 8-hour course that teaches participants an action plan encompassing the skills, resources and knowledge to help an individual in crisis connect with appropriate professional, peer and self-help care. It also aims to demystify the whole topic of mental illness, increase mental health literacy, and begin to combat the mental health stigma found in the fire and emergency services. 8 CME hours will be offered for completing this course.

When: April 21, 2018 Where: Stadium Medical Classroom Time: 0800 to 1630 Who: Any EMS personnel

Must Pre-Register

Register here: <u>https://www.surveymonkey.com/r/FFN8SK9</u> or contact: michaelchevrier@gmail.com